

Dr. Peggy Parker



About Dr. Parker

Dr. Parker is a traditionally trained Naturopathic Physician who resides in Spokane, Washington. She is an internationally renowned teacher and lecturer.

After receiving her Naturopathic degree, Dr. Parker continued her education with a post doctoral degree in Biological Medicine from the PBMN in Lustmuhle, Switzerland. This intensive, two year program was designed and led by the famous Swiss physician, Dr. Thomas Rau. The basic focus of this course revolved around adjusting the pH (acid/alkaline ratio within body fluids), ORP (rate of oxidation in body tissues), and the conductivity of minerals across the cell wall membrane, and just how these factors affect health.

In addition to a successful private practice, Dr. Parker consulted with holistic medical doctors around the country, served as the Medical Director of Fusion MediSpa in Northern Idaho for several years.

As a physician Dr. Parker has been trained to both administer and evaluate tests including Darkfield Microscopy, Biological Terrain Assessment (QFA), EAV, Electro-Dermal Screening, Computer Regulation Thermography, Tongue and Pulse Diagnosis, Sclerology, Heart Rate Variability, Hair Tissue Mineral Analysis, Applied Kinesiology and Hyperbaric Oxygen Therapy to name a few.

In addition to her medical training, Dr. Parker is a gifted medical intuitive and has been trained as a Reiki Master, a Yuen practitioner, a Neuro-Modulation Technique therapist, a Hyperbaric Oxygen Therapist, a Lymphatic Drainage Therapist, a Herbalist, an Nutritionist and holds undergraduate training as a counselor.

Dr. Parker became involved with Enagic's water ionizers in January of 2005. Her primary interest was in the efficacy of this water as a form of treatment. This led her to do extensive testing and research on the topic of ionized water and its impact on health.

Based on Dr. Parker's call July 26, 2009

The premise of biological medicine is that if you can make a shift in the pH in peoples' blood, urine, saliva and lymphatic fluid, making it slightly more alkaline (within the realms of being normal but on the alkaline side), and if you can remove the oxidation from the cell wall and get minerals into the cells, then a body can heal itself of anything.

Her research has shown that it is actually the ionization process through electricity ONLY that creates the anti-oxidation potential which then removes oxidation from the cells. This allows the pH to change and the minerals to enter the cells. This is how the body begins to heal itself.

There are two ways to ionize water. The first and most effective way is to introduce electricity to water and that is what the Enagic SD501 machine does. In order to ionize, our machines ONLY use electricity (also called electrolysis). Electricity has lots of negatively charged electrons and when this negatively charged electricity passes through water, it does two things:

It donates a few extra electrons to the water and in doing so creates a rupture of H₂O. It ruptures the bonds in the water producing a positively charged hydrogen ion (H⁺) and a negatively charged hydroxyl ion (OH⁻). The positively charged hydrogen ions (H⁺) are actually acid forming and are discharged through the acid hose (bottom hose) whilst the negatively charged hydroxyl ions (OH⁻) will go into the alkaline drinking water (top hose). This is what helps create a change in the pH. This is also responsible for a negative oxidation reduction potential (ORP). Because of these antioxidant properties of the water, the cells begin to change.

The rate of oxidation in the body affects the thickness of the cell walls. As we age our cell walls become thicker. This is not actually due to aging; it is actually about rates of oxidation. Cells are primarily made out of fat and when they become oxidized they become thick and sticky whereby nutrients cannot enter the cells. The cells then become more acidic and more oxidized with more free radicals being created. This continues to create a rate of oxidation that prevents proper hydration from entering the cell, which in turn prevents the fluid from carrying the nutrients into the cell to create a healthy environment. This is why the SD501 is so effective. It puts such a high antioxidant property in the water that it enables the removal of oxidation from the cells and cell walls and thus creates healthy cells.

The second way to create ionization is by adding minerals to water. When minerals are dissolved in water they exchange electrons.

Any time electrons are being exchanged in the medium of water, either a negative ORP or a positive ORP is produced. The more alkalizing minerals that are put into the water, the more negative numbers you will get and the more alkaline the water will become. With regard to the competitor's water ionizers, this is the difference: instead of using a higher voltage/wattage to create this property they add inorganic minerals to the water.

When these other companies try and make a lower cost machine they will create negatively charged and positively charged ions. In order to produce a low negative ORP, they add more inorganic minerals to the water and use a very low level of electricity. They use a lower level of electricity because they have smaller plates that are generally made of mesh. These mesh plates cannot hold a higher electrical charge to create ionization just through electricity.

Now the problem with adding inorganic minerals to water to create alkalization is that inorganic minerals, even after they have become mineral ions, are not absorbable or usable by the human body. They are available for plant use, but not for human or animal use. When we consume too many inorganic minerals, they create crystalline structures in tissues of the body, which tend to gather wherever the weakest organs or systems are in a person's body. So some people will get kidney stones, gall stones, arthritis, gout, bone spurs, hardening of the arteries, and/or cataracts, etc. from the crystalline formations created by these inorganic minerals. Whilst people may not experience bad health immediately upon drinking water that has added inorganic minerals, over time they can build up and create some serious health problems.

Everybody has a certain budget or a limited amount of money they can spend on a water ionizer so often they go looking for the bargain basement price not understanding that there is such a huge difference – that basic difference being the use of electricity ONLY, as opposed to inorganic minerals. The good news about Enagic's Kangen Water is that because it carries such a high negative anti-oxidation potential, it really does begin to change the cells in a really basic way by removing oxidation and allowing proper nutrition, proper nutrients, minerals and hydration, to enter the cells. Our bodies can then utilize the minerals and nutrients to begin to create healthier and healthier cells.

Our bodies are designed to be self-healing so when we give them the tools they need, they will heal themselves. Kangen Water does not actually heal or cure anything; it simply provides the body with some of what is necessary to heal itself. It does not matter if we are talking about kidney disease, heart disease or diabetes; it is all about giving our bodies the tools it needs to actually begin to heal itself.